

PILATES iTC

2023 COURSE DATES.
EVERYTHING YOU NEED TO KNOW.

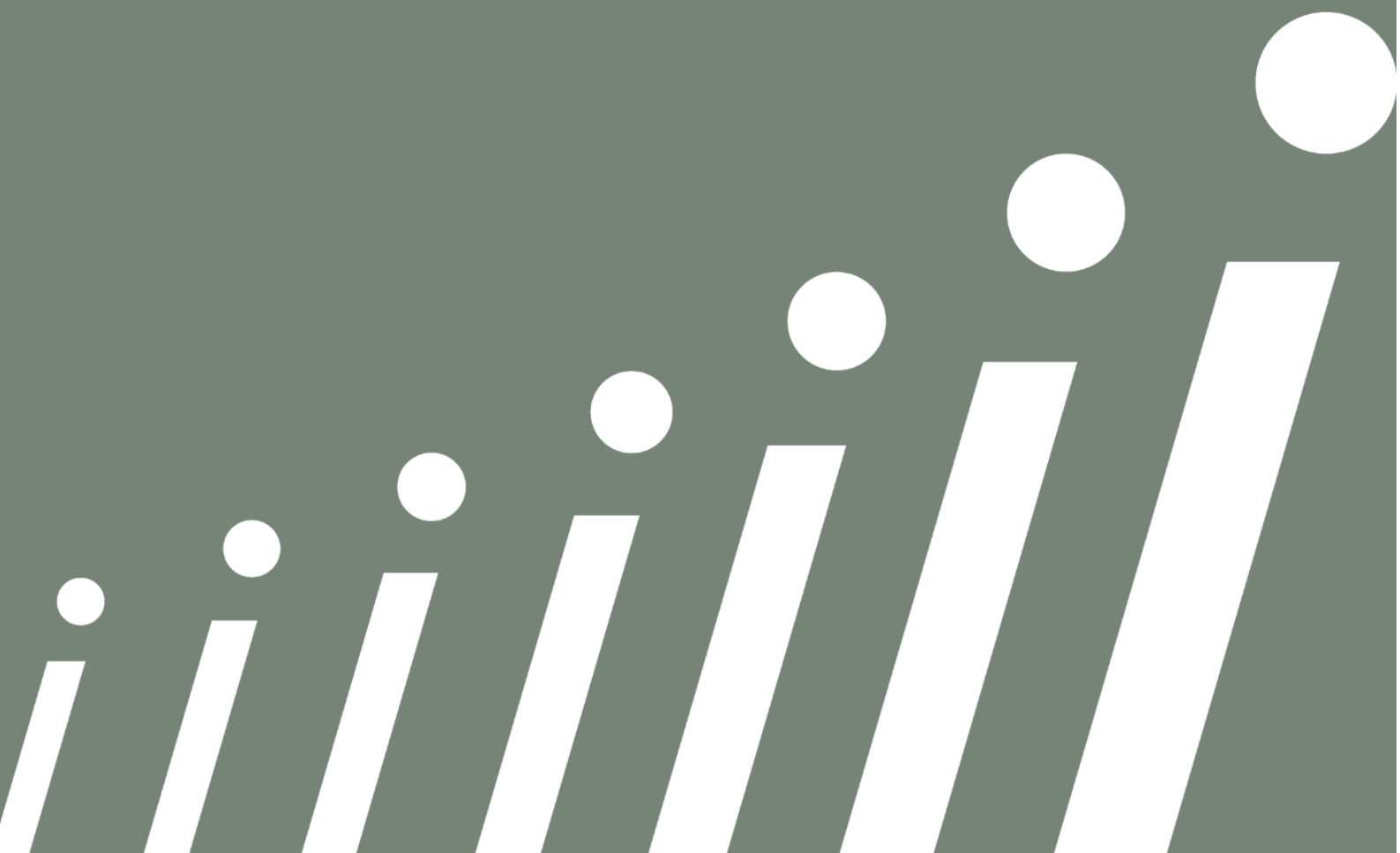


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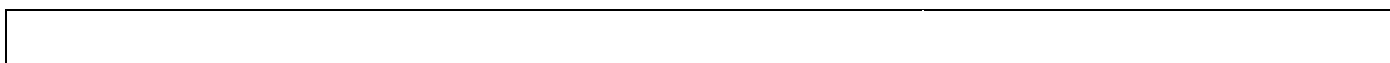
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1.0 10838NAT Diploma of Professional Pilates Instruction

1.1 Queensland (QLD)

1.1.1 Intake 1 2023



COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023
Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	10.06.2023
Small Apparatus	24.06.2023
Teaching Clinic 5: Small Apparatus Matwork	01.07.2023
Matwork and Small Apparatus Practical Assessment	15.07.2023
Teaching Clinic 5: Small Apparatus Reformer	05.08.2023
Reformer and Small Apparatus Practical Assessment	19.08.2023
Studio 1	09.09.2023
Teaching Clinic 6: Initial Consultations (IC)	16.09.2023
Studio 2	07.10.2023
Teaching Clinic 7: Postures	14.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper Limb and Spine	02.12.2023
Studio 4	09.12.2023
Teaching Clinic 10: Lower Limb and Spine	06.01.2024
Studio Practical Assessment	20.01.2024

1.1.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	03.06.2023

Matwork 1	02.07.2023
Teaching Clinic 1: Matwork Intro to Basic	16.07.2023
Reformer 1	22.07.2023
Teaching Clinic 2: Reformer Intro to Basic	29.07.2023
Matwork 2	13.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.08.2023
Reformer 2	10.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apparatus Practical Assessment	12.11.2023
Teaching Clinic 5: Small Apparatus Reformer	03.12.2023
Reformer and Small Apparatus Practical Assessment	17.12.2023
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	10.03.2024
Studio 3	24.03.2024
Teaching Clinic 9: Upper Limb and Spine	07.04.2024
Studio 4	19.05.2024
Teaching Clinic 10: Lower Limb and Spine	25.05.2024
Studio Practical Assessment	09.06.2024

1.1.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Matwork 1	23.09.2023

Teaching Clinic 1: Matwork Intro to Basic	15.10.2023
Reformer 1	21.10.2023
Teaching Clinic 2: Reformer Intro to Basic	04.11.2023
Matwork 2	18.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	10.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apparatus Practical Assessment	10.02.2024
Teaching Clinic 5: Small Apparatus Reformer	02.03.2024
Reformer and Small Apparatus Practical Assessment	16.03.2024
Studio 1	06.04.2024
Teaching Clinic 6: Initial Consultations (IC)	13.04.2024
Studio 2	04.05.2024
Teaching Clinic 7: Postures	11.05.2024
Teaching Clinic 8: Pre and Post Natal	08.06.2024
Studio 3	22.06.2024
Teaching Clinic 9: Upper Limb and Spine	29.06.2024
Studio 4	06.07.2024
Teaching Clinic 10: Lower Limb and Spine	03.08.2024
Studio Practical Assessment	17.08.2024

1.2 Western Australia (WA)

1.2.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023

Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Matwork	01.07.2023
Matwork and Small Apps Practical Assessment	15.07.2023
Teaching Clinic 5: Small Apparatus Reformer	19.07.2023
Reformer and Small Apps Practical Assessment	02.09.2023
Studio 1	16.09.2023
Teaching Clinic 6: Initial Consultations (IC)	23.09.2023
Studio 2	14.10.2023
Teaching Clinic 7: Postures	21.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper and Lower Limb	09.12.2023
Studio 4	06.01.2024
Teaching Clinic 10: Spine and Back	20.01.2024
Studio Practical Assessment	03.02.2024

1.2.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	25.06.2023
Teaching Clinic 1: Matwork Intro to Basic	09.07.2023
Reformer 1	23.07.2023
Teaching Clinic 2: Reformer Intro to Basic	30.07.2023

Matwork 2	06.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	20.08.2023
Reformer 2	27.08.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	17.09.2023
Small Apparatus	30.09.2023
Teaching Clinic 5: Small Apparatus Matwork	15.10.2023
Matwork and Small Apps Practical Assessment	29.10.2023
Teaching Clinic 5: Small Apparatus Reformer	12.11.2023
Reformer and Small Apps Practical Assessment	17.12.2023
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	03.03.2024
Studio 3	17.03.2024
Teaching Clinic 9: Upper and Lower Limb	06.04.2024
Studio 4	14.04.2024
Teaching Clinic 10: Spine and Back	28.04.2024
Studio Practical Assessment	11.05.2024

1.2.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Matwork 1	01.10.2023
Teaching Clinic 1: Matwork Intro to Basic	22.10.2023
Reformer 1	29.10.2023

Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	03.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	04.02.2024
Matwork and Small Apps Practical Assessment	18.02.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apps Practical Assessment	14.04.2024
Studio 1	27.04.2024
Teaching Clinic 6: Initial Consultations (IC)	05.05.2024
Studio 2	26.05.2024
Teaching Clinic 7: Postures	08.06.2024
Teaching Clinic 8: Pre and Post Natal	23.06.2024
Studio 3	07.07.2024
Teaching Clinic 9: Upper and Lower Limb	21.07.2024
Studio 4	04.08.2024
Teaching Clinic 10: Spine and Back	18.08.2024
Studio Practical Assessment	07.09.2024

1.3 New South Wales (NSW)

1.3.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	11.02.2023
Matwork 1	04.03.2023
Teaching Clinic 1: Matwork Intro Basic	18.03.2023

Reformer 1	01.04.2023
Teaching Clinic 2: Reformer Intro to Basic	15.04.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	20.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Matwork	24.06.2023
Matwork and Small Apps Practical Assessment	08.07.2023
Teaching Clinic 5: Small Apparatus Reformer	22.07.2023
Reformer and Small Apps Practical Assessment	26.08.2023
Studio 1	17.09.2023
Teaching Clinic 6: Initial Consultations (IC)	24.09.2023
Studio 2	07.10.2023
Teaching Clinic 7: Postures	14.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper and Lower Limb	02.12.2023
Studio 4	09.12.2023
Teaching Clinic 10: Spine and Back	06.01.2024
Studio Practical Assessment	20.01.2024

1.3.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	15.07.2023
Teaching Clinic 1: Matwork Intro to Basic	29.07.2023
Reformer 1	05.08.2023
Teaching Clinic 2: Reformer Intro to Basic	19.08.2023

Matwork 2	27.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	10.09.2023
Reformer 2	16.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apps Practical Assessment	12.11.2023
Teaching Clinic 5: Small Apparatus Reformer	02.12.2023
Reformer and Small Apps Practical Assessment	16.12.2023
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	10.03.2024
Studio 3	17.03.2024
Teaching Clinic 9: Upper and Lower Limb	24.03.2024
Studio 4	14.04.2024
Teaching Clinic 10: Spine and Back	05.05.2024
Studio Practical Assessment	19.05.2024

1.3.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.09.2023
Matwork 1	25.09.2023
Teaching Clinic 1: Matwork Intro to Basic	09.10.2023
Reformer 1	22.10.2023
Teaching Clinic 2: Reformer Intro to Basic	29.10.2023

Matwork 2	06.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	12.11.2023
Reformer 2	26.11.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	17.12.2023
Small Apparatus	14.01.2023
Teaching Clinic 5: Small Apparatus Matwork	19.02.2023
Matwork and Small Apps Practical Assessment	26.02.2023
Teaching Clinic 5: Small Apparatus Reformer	04.03.2023
Reformer and Small Apps Practical Assessment	25.03.2023
Studio 1	16.04.2023
Teaching Clinic 6: Initial Consultations (IC)	30.04.2023
Studio 2	21.05.2023
Teaching Clinic 7: Postures	04.06.2023
Teaching Clinic 8: Pre and Post Natal	18.06.2023
Studio 3	25.06.2023
Teaching Clinic 9: Upper and Lower Limb	09.07.2023
Studio 4	23.07.2023
Teaching Clinic 10: Spine and Back	06.08.2023
Studio Practical Assessment	09.09.2023

1.4 South Australia (SA)

1.4.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	19.02.2023
Matwork 1	25.03.2023
Teaching Clinic 1: Matwork Intro to Basic	08.04.2023
Reformer 1	22.04.2023

Teaching Clinic 2: Reformer Intro to Basic	06.05.2023
Matwork 2	13.05.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	03.06.2023
Reformer 2	10.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.07.2023
Small Apparatus	22.07.2023
Teaching Clinic 5: Small Apparatus Matwork	29.07.2023
Matwork and Small Apps Practical Assessment	19.08.2023
Teaching Clinic 5: Small Apparatus Reformer	02.09.2023
Reformer and Small Apps Practical Assessment	16.09.2023
Studio 1	07.10.2023
Teaching Clinic 6: Initial Consultations (IC)	14.10.2023
Studio 2	04.11.2023
Teaching Clinic 7: Postures	11.11.2023
Teaching Clinic 8: Pre and Post Natal	09.12.2023
Studio 3	06.01.2024
Teaching Clinic 9: Upper and Lower Limb	13.01.2024
Studio 4	20.01.2024
Teaching Clinic 10: Spine and Back	17.02.2024
Studio Practical Assessment	02.03.2024

1.4.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	08.10.2023
Reformer 1	21.10.2023

Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	02.12.2023
Reformer 2	10.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apps Practical Assessment	10.02.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apps Practical Assessment	16.03.2024
Studio 1	06.04.2024
Teaching Clinic 6: Initial Consultations (IC)	13.04.2024
Studio 2	04.05.2024
Teaching Clinic 7: Postures	11.05.2024
Teaching Clinic 8: Pre and Post Natal	08.06.2024
Studio 3	06.07.2024
Teaching Clinic 9: Upper and Lower Limb	13.07.2024
Studio 4	20.07.2024
Teaching Clinic 10: Spine and Back	17.08.2024
Studio Practical Assessment	31.08.2024

1.5 Australian Capital Territory (ACT)

1.5.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	01.04.2023
Matwork 1	22.04.2023
Teaching Clinic 1: Matwork Intro to Basic	06.05.2023

Reformer 1	20.05.2023
Teaching Clinic 2: Reformer Intro to Basic	27.05.2023
Matwork 2	03.06.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	17.06.2023
Reformer 2	24.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	29.07.2023
Small Apparatus	12.08.2023
Teaching Clinic 5: Small Apparatus Matwork	26.08.2023
Matwork and Small Apps Practical Assessment	09.09.2023
Teaching Clinic 5: Small Apparatus Reformer	23.09.2023
Reformer and Small Apps Practical Assessment	04.11.2023
Studio 1	18.11.2023
Teaching Clinic 6: Initial Consultations (IC)	25.11.2023
Studio 2	16.12.2023
Teaching Clinic 7: Postures	20.01.2024
Teaching Clinic 8: Pre and Post Natal	10.02.2024
Studio 3	24.02.2024
Teaching Clinic 9: Upper and Lower Limb	16.03.2024
Studio 4	23.03.2024
Teaching Clinic 10: Spine and Back	06.04.2024
Studio Practical Assessment	20.04.2024

1.5.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.09.2023
Matwork 1	30.09.2023
Teaching Clinic 1: Matwork Intro to Basic	14.10.2023
Reformer 1	28.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	11.11.2023

Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	02.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	11.02.2024
Matwork and Small Apps Practical Assessment	25.02.2024
Teaching Clinic 5: Small Apparatus Reformer	17.03.2024
Reformer and Small Apps Practical Assessment	13.04.2024
Studio 1	27.04.2024
Teaching Clinic 6: Initial Consultations (IC)	04.05.2024
Studio 2	18.05.2024
Teaching Clinic 7: Postures	01.06.2024
Teaching Clinic 8: Pre and Post Natal	22.06.2024
Studio 3	06.07.2024
Teaching Clinic 9: Upper and Lower Limb	20.07.2024
Studio 4	03.08.2024
Teaching Clinic 10: Spine and Back	17.08.2024
Studio Practical Assessment	31.08.2024

2.0 Professional Matwork and Reformer + Small Apparatus Instruction Pathway

2.1 Queensland (QLD)

2.1.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023
Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Matwork 2	22.04.2023

Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	10.06.2023
Small Apparatus	24.06.2023
Teaching Clinic 5: Small Apparatus Matwork	01.07.2023
Matwork and Small Apparatus Practical Assessment	15.07.2023
Teaching Clinic 5: Small Apparatus Reformer	05.08.2023
Reformer and Small Apparatus Practical Assessment	19.08.2023

2.1.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	03.06.2023
Matwork 1	02.07.2023
Teaching Clinic 1: Matwork Intro to Basic	16.07.2023
Reformer 1	22.07.2023
Teaching Clinic 2: Reformer Intro to Basic	29.07.2023
Matwork 2	13.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.08.2023
Reformer 2	10.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apparatus Practical Assessment	12.11.2023
Teaching Clinic 5: Small Apparatus Reformer	03.12.2023
Reformer and Small Apparatus Practical Assessment	17.12.2023

2.1.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	15.10.2023

Reformer 1	21.10.2023
Teaching Clinic 2: Reformer Intro to Basic	04.11.2023
Matwork 2	18.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	10.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apparatus Practical Assessment	10.02.2024
Teaching Clinic 5: Small Apparatus Reformer	02.03.2024
Reformer and Small Apparatus Practical Assessment	16.03.2024

2.2 Western Australia (WA)

2.2.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023
Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Matwork	01.07.2023

Matwork and Small Apps Practical Assessment	15.07.2023
Teaching Clinic 5: Small Apparatus Reformer	19.07.2023
Reformer and Small Apps Practical Assessment	02.09.2023

2.2.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	25.06.2023
Teaching Clinic 1: Matwork Intro to Basic	09.07.2023
Reformer 1	23.07.2023
Teaching Clinic 2: Reformer Intro to Basic	30.07.2023
Matwork 2	06.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	20.08.2023
Reformer 2	27.08.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	17.09.2023
Small Apparatus	30.09.2023
Teaching Clinic 5: Small Apparatus Matwork	15.10.2023
Matwork and Small Apps Practical Assessment	29.10.2023
Teaching Clinic 5: Small Apparatus Reformer	12.11.2023
Reformer and Small Apps Practical Assessment	17.12.2023

2.2.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Matwork 1	01.10.2023
Teaching Clinic 1: Matwork Intro to Basic	22.10.2023
Reformer 1	29.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	03.12.2023

Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	04.02.2024
Matwork and Small Apps Practical Assessment	18.02.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apps Practical Assessment	14.04.2024

2.3 New South Wales (NSW)

2.3.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	11.02.2023
Matwork 1	04.03.2023
Teaching Clinic 1: Matwork Intro to Basic	18.03.2023
Reformer 1	01.04.2023
Teaching Clinic 2: Reformer Intro to Basic	15.04.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Reformer 2	20.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Matwork	24.06.2023
Matwork and Small Apps Practical Assessment	08.07.2023
Teaching Clinic 5: Small Apparatus Reformer	22.07.2023

2.3.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	15.07.2023
Teaching Clinic 1: Matwork Intro to Basic	29.07.2023
Reformer 1	05.08.2023
Teaching Clinic 2: Reformer Intro to Basic	19.08.2023
Matwork 2	27.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	10.09.2023
Reformer 2	16.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apparatus Practical Assessment	12.11.2023
Teaching Clinic 5: Small Apparatus Reformer	02.12.2023
Reformer and Small Apparatus Practical Assessment	16.12.2023

2.3.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	15.10.2023
Reformer 1	28.10.2023
Teaching Clinic 2: Reformer Intro to Basic	11.11.2023
Matwork 2	19.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	10.12.2023
Reformer 2	09.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024

Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	03.02.2024
Matwork and Small Apparatus Practical Assessment	18.02.2024
Teaching Clinic 5: Small Apparatus Reformer	02.03.2024
Reformer and Small Apparatus Practical Assessment	23.03.2024

2.4 South Australia (SA)

2.4.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	Sunday 19.02.2023
Matwork 1	25.03.2023
Teaching Clinic 1: Matwork Intro to Basic	08.04.2023
Reformer 1	22.04.2023
Teaching Clinic 2: Reformer Intro to Basic	06.05.2023
Matwork 2	13.05.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	03.06.2023
Reformer 2	10.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.07.2023
Small Apparatus	22.07.2023
Teaching Clinic 5: Small Apparatus Matwork	29.07.2023
Matwork and Small Apparatus Practical Assessment	19.08.2023
Teaching Clinic 5: Small Apparatus Reformer	02.09.2023
Reformer and Small Apparatus Practical Assessment	16.09.2023

2.4.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	Saturday 09.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	08.10.2023
Reformer 1	21.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	02.12.2023
Reformer 2	10.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apparatus Practical Assessment	10.02.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apparatus Practical Assessment	16.03.2024

2.5 Australian Capital Territory (ACT)

2.5.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	01.04.2023
Matwork 1	22.04.2023
Teaching Clinic 1: Matwork Intro to Basic	06.05.2023
Reformer 1	20.05.2023
Teaching Clinic 2: Reformer Intro to Basic	27.05.2023
Matwork 2	03.06.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	17.06.2023
Reformer 2	24.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	29.07.2023
Small Apparatus	12.08.2023

Teaching Clinic 5: Small Apparatus Matwork	26.08.2023
Matwork and Small Apparatus Practical Assessment	09.09.2023
Teaching Clinic 5: Small Apparatus Reformer	23.09.2023
Reformer and Small Apparatus Practical Assessment	04.11.2023

2.5.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.09.2023
Matwork 1	30.09.2023
Teaching Clinic 1: Matwork Intro to Basic	14.10.2023
Reformer 1	28.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Matwork 2	11.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Reformer 2	02.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	11.02.2024
Matwork and Small Apparatus Practical Assessment	25.02.2024
Teaching Clinic 5: Small Apparatus Reformer	17.03.2024
Reformer and Small Apparatus Practical Assessment	13.04.2024

3.0 Professional Matwork and Small Apparatus Instruction Pathway

3.1 Queensland (QLD)

3.1.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Small Apparatus	24.06.2023
Teaching Clinic 5: Small Apparatus Matwork	01.07.2023
Matwork and Small Apparatus Practical Assessment	15.07.2023

3.1.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	03.06.2023
Matwork 1	02.07.2023
Teaching Clinic 1: Matwork Intro to Basic	16.07.2023
Matwork 2	13.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.08.2023

Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apparatus Practical Assessment	12.11.2023

3.1.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	15.10.2023
Matwork 2	18.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apparatus Practical Assessment	10.02.2024

3.2 Western Australia (WA)

3.2.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Matwork 1	25.02.2023
Teaching Clinic 1: Matwork Intro to Basic	11.03.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Small Apparatus	17.06.2023

Teaching Clinic 5: Small Apparatus Matwork	01.07.2023
Matwork and Small Apps Practical Assessment	15.07.2023

3.2.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	25.06.2023
Teaching Clinic 1: Matwork Intro to Basic	09.07.2023
Matwork 2	06.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	20.08.2023
Small Apparatus	30.09.2023
Teaching Clinic 5: Small Apparatus Matwork	15.10.2023
Matwork and Small Apps Practical Assessment	29.10.2023

3.2.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Matwork 1	01.10.2023
Teaching Clinic 1: Matwork Intro to Basic	22.10.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Small Apparatus	21.01.2024

Teaching Clinic 5: Small Apparatus Matwork	04.02.2024
Matwork and Small Apps Practical Assessment	18.02.2024

3.3 New South Wales

3.3.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	11.02.2023
Matwork 1	04.03.2023
Teaching Clinic 1: Matwork Intro to Basic	18.03.2023
Matwork 2	22.04.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	06.05.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Matwork	24.06.2023
Matwork and Small Apps Practical Assessment	08.07.2023

3.3.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Matwork 1	15.07.2023
Teaching Clinic 1: Matwork Intro to Basic	29.07.2023
Matwork 2	27.08.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	10.09.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Matwork	29.10.2023
Matwork and Small Apps Practical Assessment	12.11.2023

3.3.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	15.10.2023
Matwork 2	19.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	10.12.2023
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	03.02.2024
Matwork and Small Apps Practical Assessment	18.02.2024

3.4 South Australia (SA)

3.4.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	19.02.2023
Matwork 1	25.03.2023
Teaching Clinic 1: Matwork Intro to Basic	08.04.2023
Matwork 2	13.05.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	03.06.2023
Small Apparatus	22.07.2023
Teaching Clinic 5: Small Apparatus Matwork	29.07.2023
Matwork and Small Apps Practical Assessment	19.08.2023

3.4.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	Saturday 09.09.2023
Matwork 1	23.09.2023
Teaching Clinic 1: Matwork Intro to Basic	08.10.2023
Matwork 2	12.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	02.12.2023
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	27.01.2024
Matwork and Small Apps Practical Assessment	10.02.2024

3.5 Australian Capital Territory (ACT)

3.5.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	01.04.2023
Matwork 1	22.04.2023
Teaching Clinic 1: Matwork Intro to Basic	06.05.2023
Matwork 2	03.06.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	17.06.2023
Small Apparatus	12.08.2023
Teaching Clinic 5: Small Apparatus Matwork	26.08.2023
Matwork and Small Apps Practical Assessment	09.09.2023

3.5.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.09.2023
Matwork 1	30.09.2023
Teaching Clinic 1: Matwork Intro to Basic	14.10.2023
Matwork 2	11.11.2023
Teaching Clinic 3: Matwork Progressive to Intermediate	26.11.2023
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Matwork	11.02.2024
Matwork and Small Apps Practical Assessment	25.02.2024

4.0 Professional Reformer and Small Apparatus Instruction Pathway

4.1 Queensland (QLD)

4.1.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	10.06.2023
Small Apparatus	24.06.2023
Teaching Clinic 5: Small Apparatus Reformer	05.08.2023
Reformer and Small Apparatus Practical Assessment	19.08.2023

4.1.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	03.06.2023
Reformer 1	22.07.2023
Teaching Clinic 2: Reformer Intro to Basic	29.07.2023
Reformer 2	10.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small App Reformer	03.12.2023
Reformer and Small Apps Practical Assessment	17.12.2023

4.1.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Reformer 1	21.10.2023
Teaching Clinic 2: Reformer Intro to Basic	04.11.2023
Reformer 2	10.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small App Reformer	02.03.2024
Reformer and Small Apps Practical Assessment	16.03.2024

4.2 Western Australia (WA)

4.2.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	04.02.2023
Reformer 1	25.03.2023
Teaching Clinic 2: Reformer Intro to Basic	01.04.2023
Reformer 2	13.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Reformer	19.07.2023
Reformer and Small Apps Practical Assessment	02.09.2023

4.2.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
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Fundamentals	10.06.2023
Reformer 1	23.07.2023
Teaching Clinic 2: Reformer Intro to Basic	30.07.2023
Reformer 2	27.08.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	17.09.2023
Small Apparatus	30.09.2023
Teaching Clinic 5: Small Apparatus Reformer	12.11.2023
Reformer and Small Apps Practical Assessment	17.12.2023

4.2.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Reformer 1	29.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Reformer 2	03.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apps Practical Assessment	14.04.2024

4.3 New South Wales

4.3.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	11.02.2023

Reformer 1	01.04.2023
Teaching Clinic 2: Reformer Intro to Basic	15.04.2023
Reformer 2	20.05.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	03.06.2023
Small Apparatus	17.06.2023
Teaching Clinic 5: Small Apparatus Reformer	22.07.2023
Reformer and Small Apps Practical Assessment	26.08.2023

4.3.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.06.2023
Reformer 1	05.08.2023
Teaching Clinic 2: Reformer Intro to Basic	19.08.2023
Reformer 2	16.09.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	07.10.2023
Small Apparatus	22.10.2023
Teaching Clinic 5: Small Apparatus Reformer	02.12.2023
Reformer and Small Apparatus Practical Assessment	16.12.2023

4.3.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Fundamentals	02.09.2023
Reformer 1	28.10.2023
Teaching Clinic 2: Reformer Intro to Basic	11.11.2023

Reformer 2	09.12.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Reformer	02.03.2024
Reformer and Small Apparatus Practical Assessment	23.03.2024

4.4 South Australia (SA)

4.4.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	19.02.2023
Reformer 1	22.04.2023
Teaching Clinic 2: Reformer Intro to Basic	06.05.2023
Reformer 2	10.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	08.07.2023
Small Apparatus	22.07.2023
Teaching Clinic 5: Small Apparatus Reformer	02.09.2023
Reformer and Small Apparatus Practical Assessment	16.09.2023

4.4.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	09.09.2023
Reformer 1	21.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Reformer 2	10.12.2023

Teaching Clinic 4: Reformer Progressive to Intermediate	07.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Reformer	03.03.2024
Reformer and Small Apparatus Practical Assessment	16.03.2024

4.5 Australian Capital Territory (ACT)

4.5.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Fundamentals	01.04.2023
Reformer 1	20.05.2023
Teaching Clinic 2: Reformer Intro to Basic	27.05.2023
Reformer 2	24.06.2023
Teaching Clinic 4: Reformer Progressive to Intermediate	29.07.2023
Small Apparatus	12.08.2023
Teaching Clinic 5: Small Apparatus Reformer	23.09.2023
Reformer and Small Apparatus Practical Assessment	04.11.2023

4.5.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Fundamentals	10.09.2023
Reformer 1	28.10.2023
Teaching Clinic 2: Reformer Intro to Basic	05.11.2023
Reformer 2	02.12.2023

Teaching Clinic 4: Reformer Progressive to Intermediate	13.01.2024
Small Apparatus	21.01.2024
Teaching Clinic 5: Small Apparatus Reformer	17.03.2024
Reformer and Small Apparatus Practical Assessment	13.04.2024

5.0 Professional Studio Instruction Pathway

5.1 Queensland (QLD)

5.1.1 Intake 1 2023

COURSE DELIVERY DATES	DATE
Studio 1	09.09.2023
Teaching Clinic 6: Initial Consultations (IC)	16.09.2023
Studio 2	07.10.2023
Teaching Clinic 7: Postures	14.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper and Lower Limb	02.12.2023

Studio 4	09.12.2023
Teaching Clinic 10: Spine and Back	06.01.2024
Studio Practical Assessment	20.01.2024

5.1.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	10.03.2024
Studio 3	24.03.2024
Teaching Clinic 9: Upper and Lower Limb	07.04.2024
Studio 4	19.05.2024
Teaching Clinic 10: Spine and Back	25.05.2024
Studio Practical Assessment	09.06.2024

5.1.3 Intake 3 2023

COURSE DELIVERY DATES	DATE
Studio 1	06.04.2024
Teaching Clinic 6: Initial Consultations (IC)	13.04.2024
Studio 2	04.05.2024
Teaching Clinic 7: Postures	11.05.2024
Teaching Clinic 8: Pre and Post Natal	08.06.2024
Studio 3	22.06.2024
Teaching Clinic 9: Upper and Lower Limb	29.06.2024
Studio 4	06.07.2024
Teaching Clinic 10: Spine and Back	03.08.2024

5.2 Western Australia (WA)

5.2.1 Intake 1 2023

COURSE DELIVERY DAYS	DATE
Studio 1	16.09.2023
Teaching Clinic 6: Initial Consultations (IC)	23.09.2023
Studio 2	14.10.2023
Teaching Clinic 7: Postures	21.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper and Lower Limb	09.12.2023
Studio 4	06.01.2024
Teaching Clinic 10: Spine and Back	20.01.2024
Studio Practical Assessment	03.02.2024

5.2.2 Intake 2 2023

COURSE DELIVERY DAYS	DATE
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	03.03.2024
Studio 3	17.03.2024
Teaching Clinic 9: Upper and Lower Limb	06.04.2024
Studio 4	14.04.2024
Teaching Clinic 10: Spine and Back	28.04.2024

Studio Practical Assessment	11.05.2024
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5.2.3 Intake 3 2023

COURSE DELIVERY DAYS	DATE
Studio 1	27.04.2024
Teaching Clinic 6: Initial Consultations (IC)	05.05.2024
Studio 2	26.05.2024
Teaching Clinic 7: Postures	08.06.2024
Teaching Clinic 8: Pre and Post Natal	23.06.2024
Studio 3	07.07.2024
Teaching Clinic 9: Upper and Lower Limb	21.07.2024
Studio 4	04.08.2024
Teaching Clinic 10: Spine and Back	18.08.2024
Studio Practical Assessment	07.09.2024

5.3 New South Wales (NSW)

5.3.1 Intake 1 2023

COURSE DELIVERY DAYS	DATE
Studio 1	17.09.2023
Teaching Clinic 6: Initial Consultations (IC)	24.09.2023
Studio 2	07.10.2023
Teaching Clinic 7: Postures	14.10.2023
Teaching Clinic 8: Pre and Post Natal	11.11.2023
Studio 3	25.11.2023
Teaching Clinic 9: Upper and Lower Limb	02.12.2023
Studio 4	09.12.2023
Teaching Clinic 10: Spine and Back	06.01.2024

Studio Practical Assessment	20.01.2024
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5.3.2 Intake 2 2023

COURSE DELIVERY DATES	DATE
Studio 1	07.01.2024
Teaching Clinic 6: Initial Consultations (IC)	14.01.2024
Studio 2	04.02.2024
Teaching Clinic 7: Postures	11.02.2024
Teaching Clinic 8: Pre and Post Natal	10.03.2024
Studio 3	17.03.2024
Teaching Clinic 9: Upper and Lower Limb	24.03.2024
Studio 4	14.04.2024
Teaching Clinic 10: Spine and Back	05.05.2024
Studio Practical Assessment	19.05.2024

5.3.3 Intake 3 2023

COURSE DELIVERY DAYS	DATE
Studio 1	13.04.2024
Teaching Clinic 6: Initial Consultations (IC)	21.04.2024
Studio 2	11.05.2024
Teaching Clinic 7: Postures	18.05.2024
Teaching Clinic 8: Pre and Post Natal	16.06.2024
Studio 3	30.06.2024
Teaching Clinic 9: Upper and Lower Limb	07.07.2024
Studio 4	14.07.2024
Teaching Clinic 10: Spine and Back	11.08.2024
Studio Practical Assessment	25.08.2024

5.4 South Australia (SA)

5.4.1 Intake 1 2023

COURSE DELIVERY DAYS	DATE
Studio 1	07.10.2023
Teaching Clinic 6: Initial Consultations (IC)	14.10.2023
Teaching Clinic 7: Postures	04.11.2023
Studio 2	11.11.2023
Teaching Clinic 8: Pre and Post Natal	09.12.2023
Studio 3	06.01.2024
Teaching Clinic 9: Upper and Lower Limb	13.01.2024
Studio 4	20.01.2024
Teaching Clinic 10: Spine and Back	17.02.2024
Studio Practical Assessment	02.03.2024

5.4.2 Intake 2 2023

COURSE DELIVERY DAYS	DATE
Studio 1	06.04.2024
Teaching Clinic 6: Initial Consultations (IC)	13.04.2024
Studio 2	04.05.2024
Teaching Clinic 7: Postures	11.05.2024
Teaching Clinic 8: Pre and Post Natal	08.06.2024
Studio 3	06.07.2024
Teaching Clinic 9: Upper and Lower Limb	13.07.2024
Studio 4	20.07.2024
Teaching Clinic 10: Spine and Back	17.08.2024
Studio Practical Assessment	31.08.2024

5.5 Australian Capital Territory (ACT)

5.5.1 Intake 1 2023

COURSE DELIVERY DAYS	DATE
Studio 1	18.11.2023
Teaching Clinic 6: Initial Consultations (IC)	25.11.2023
Studio 2	16.12.2023
Teaching Clinic 7: Postures	20.01.2024
Teaching Clinic 8: Pre and Post Natal	10.02.2024
Studio 3	24.02.2024
Teaching Clinic 9: Upper and Lower Limb	16.03.2024
Studio 4	23.03.2024
Teaching Clinic 10: Spine and Back	06.04.2024
Studio Practical Assessment	20.04.2024

5.5.2 Intake 2 2023

COURSE DELIVERY DAYS	DATE
Studio 1	27.04.2024
Teaching Clinic 6: Initial Consultations (IC)	04.05.2024
Studio 2	18.05.2024
Teaching Clinic 7: Postures	01.06.2024
Teaching Clinic 8: Pre and Post Natal	22.06.2024
Studio 3	06.07.2024
Teaching Clinic 9: Upper and Lower Limb	20.07.2024
Studio 4	03.08.2024
Teaching Clinic 10: Spine and Back	17.08.2024
Studio Practical Assessment	31.08.2024

6.0 The Advanced Diploma of the Pilates Method.

6.1 National Delivery | Enrol Anytime

Enrolment deadline: N/A	
COURSE DELIVERY	DATE
Course Delivery 1	TBC with educator upon enrolment.
Course Delivery 2	TBC with educator upon enrolment.
Assessments to be advised	